

Place	Race No	Time	First Name	Surname	Club	Cat
1	102	00:27:12	Jordan	Andrews	Plymouth Harriers	SM
2	10	00:28:00	Pete	Waumsley	Tamar Trotters	MV40
3	29	00:29:37	Christopher	Barker		SM
4	129	00:30:57	Christopher	Puertas	Plymouth Harriers	MV50
5	39	00:31:13	Tom	Packer	Erme Valley Harriers	SM
6	93	00:31:27	Mike	Feighan	South West Road Runners	MV40
7	125	00:31:39	Ami	Yetton	Plymouth Harriers	SF
8	115	00:32:12	Justin	Smith	Plymouth Harriers	SM
9	12	00:32:14	James	Gill	Tamar Trotters	SM
10	104	00:33:02	Chris	Mervyn		SM
11	45	00:33:58	Ian	Lamerton	Plymouth Triathlon Club	MV40
12	46	00:35:02	Peter	Bazley	Tavistock AC	MV50
13	95	00:35:05	Mike	Saunders	Plymouth Musketeers Running Club	SM
14	140	00:35:36	Darren	Munday	Plymouth Musketeers Running Club	SM
15	54	00:35:44	Simon	Ayres		SM
16	14	00:35:46	Mark	Harris		MV40
17	16	00:35:57	Ian	Gardner		MV40
18	2	00:36:02	Jaroslav	Zurawik		SM
19	9	00:36:30	James	Vickers		SM
20	61	00:36:41	Steven	Brown		SM
21	100	00:36:57	Mark	Livermore	Erme Valley Harriers	MV50
22	94	00:37:10	Elizabeth	Coombes	Plymouth Harriers	SF
23	70	00:37:11	Michael	Hockey	Plymouth Musketeers Running Club	SM
24	117	00:37:12	Gemma	Body	South Devon AC	SF
25	114	00:37:18	David	Lloyd	Erme Valley Harriers	MV40
26	138	00:37:56	Steven	Treagust	Plymouth Musketeers Running Club	MV40
27	66	00:38:13	Matthew	Harris		SM
28	44	00:38:22	Jon	Glanville		SM
29	37	00:38:27	Rob	Laphorn		SM
30	51	00:38:41	Fiona	Phelps	Tamar Trotters	FV45
31	86	00:39:18	Jane	Pitney		SF
32	56	00:39:30	Robert	Jeffery	Erme Valley Harriers	MV50
33	65	00:39:44	Jeff	Nicks		MV40
34	31	00:39:55	Pam	Duncan		FV45
35	105	00:40:12	Sarah	Whittaker	Plymouth Musketeers Running Club	FV35
36	6	00:40:18	Dan	Jones		MV40
37	55	00:40:26	Nancey	Walker		FV35
38	68	00:40:38	Lucinda	Patten	East Cornwall Harriers	SF
39	112	00:40:47	Nick	Harris		MV50
40	69	00:41:15	Christopher	Menlove-Platt	Plymouth Musketeers Running Club	MV60
41	73	00:41:22	Paul	Elliott		SM
42	28	00:41:26	Rachel	Scott	Plymouth Musketeers Running Club	FV45
43	20	00:41:38	Andrew	Vine		MV50
44	19	00:41:38	Matthew	Reed		SM
45	52	00:41:38	David	Johns		MV50
46	101	00:41:48	Emma	Couch		FV35
47	41	00:42:13	Lesley	Crocker		FV35

48	21	00:42:22	David	Peck		MV40
49	82	00:42:31	Jessica	Lane		SF
50	106	00:42:32	Nicola	Munday	Plymouth Musketeers Running Club	FV35
51	40	00:42:48	Sarah	Legg		FV35
52	33	00:42:48	Charlotte	Harrison		SF
53	32	00:43:04	Kevin	Harold		MV50
54	81	00:43:04	Lisa	Portt		FV35
55	98	00:43:04	Robert	Shaddick	Plymouth Musketeers Running Club	MV40
56	133	00:43:39	Tanya	Alexander		FV35
57	137	00:43:42	Zoe	Drake	Plymouth Triathlon Club	FV35
58	96	00:43:49	Amy	Swabey		SF
59	103	00:44:24	Becky	Kingdon		SM
60	58	00:44:32	Cheryl	Hoskin	Plymouth Musketeers Running Club	FV45
61	7	00:45:30	Tracy	Rendle		FV35
62	13	00:46:09	Caroline	Hayward		FV35
63	5	00:46:15	Vic	Hibbert	Plymouth Musketeers Running Club	MV60
64	17	00:46:22	Paul	Fear		MV50
65	135	00:46:27	Cheryl	Boxall	Plymouth Musketeers Running Club	FV35
66	121	00:46:34	Chris	French		SM
67	97	00:46:39	Michelle	Shaddick	Plymouth Musketeers Running Club	FV35
68	67	00:46:40	Andrew	Elvidge		MV40
69	107	00:46:45	Kerry	Palfreyman	Tamar Trotters	FV35
70	128	00:46:46	Christopher	Hookins		SM
71	123	00:46:47	Sarah	Dangar	Tamar Trotters	SF
72	72	00:46:48	Joshua	Mcgrath		SM
73	60	00:47:12	Lisa	May		FV35
74	63	00:47:15	Brendan	Palmer	Plymouth Musketeers Running Club	SM
75	118	00:47:18	Katie	Cable		FV35
76	64	00:47:19	Michael	Palmer	East Cornwall Harriers	MV60
77	57	00:47:29	Sarah	Sinclair		FV45
78	87	00:47:51	Alban	Oliver		MV40
79	35	00:47:53	Jemma	Curtis		SF
80	92	00:47:54	Melissa	Burnett		FV35
81	85	00:48:16	Helen	Norris	Erme Valley Harriers	FV35
82	34	00:49:41	David	Berry		SM
83	89	00:49:46	Katie	Laphorn		SF
84	75	00:49:48	Sonya	Nimmo		FV35
85	50	00:49:57	Lucy	Howell	Plymouth Musketeers Running Club	FV35
86	99	00:49:58	Kelly	Brumhead	Plymouth Musketeers Running Club	FV35
87	76	00:50:12	Laura	Maunder		SF
88	108	00:50:36	Sarah	Steed		FV35
89	38	00:51:41	Angel	Kemp		SF
90	139	00:51:56	Russell	Williams	Plymouth Musketeers Running Club	MV50
91	116	00:51:57	Nathan	Gristy		MV40
92	74	00:52:22	Jade	Perraton		SF
93	27	00:52:59	Marie	Winnall	Plymouth Musketeers Running Club	SF
94	47	00:53:20	Richard	Walters	Plymstock Road runners	MV60
95	36	00:54:12	Carla	Wisdom Gray		SF

96	1	00:54:16	Helen	Freeman		FV35
97	120	00:54:20	Danielle	Mason		SF
98	122	00:54:27	Andrea	Anstey		SF
99	48	00:54:43	Toni	Griffin		FV45
100	77	00:55:05	Ellen	Chapman		SF
101	78	00:55:57	Deborah	Chappell		FV45
102	80	00:56:07	Helen	Blundell		SF
103	84	00:56:07	Susan	Tyson		FV55
104	49	00:56:10	Mike	Griffin		MV60
105	91	00:57:05	Naomi	Whelan		SF
106	25	00:57:06	Heather	French	Plymouth Musketeers Running Club	FV35
107	90	00:57:07	Kathryn	Weaver-Gore	Plymouth Musketeers Running Club	FV55
108	22	00:57:08	Marion	Moxhay	Plymouth Musketeers Running Club	FV55
109	26	00:57:09	Jules	Batten	Plymouth Musketeers Running Club	FV45
110	109	00:57:37	Anthony	Buck		MV50
111	3	00:57:52	Pauline	Smith		FV55
112	4	00:57:52	Natalie	Smith		SF
113	127	00:58:10	Lauren	George		SF
114	62	00:58:13	Lisa	Hughes		FV45
115	30	00:58:13	Deb	Sumner		FV45
116	79	00:58:15	Laura	Fallon		SF
117	113	00:58:29	Lorraine	Hearn		FV45
118	119	00:58:54	Stephen	Lovell		MV50
119	83	00:58:56	Sarah	Bennett		SF
120	126	00:59:07	Cheryl	Hext		SF
121	88	00:59:13	Jade	Symons		SF
122	124	01:00:05	Vashti	Pearce		FV45
123	18	01:00:06	Pamela	Ennis		FV45
124	132	01:02:13	Natasha	Johnson		SF
125	43	01:05:35	Tina	Thatcher		FV45
126	42	01:06:51	Hollie	Baxter	Plymouth Harriers	SF
127	136	01:06:51	Dawn	Beaven-Smith	Plymouth Harriers	FV45
128	24	DNF	Ruth	Kelly	Plymouth Musketeers Running Club	FV45